



## **NEW PATIENT INTAKE QUESTIONNAIRE**

### **Confidential Patient Information**

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F Non-Binary  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_ Cell-phone number: \_\_\_\_\_  
Home-phone number: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

### **Emergency Contact:**

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Emergency contact address: \_\_\_\_\_

### **Information for Financially Responsible Party (if not Patient):**

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Employer: \_\_\_\_\_  
Address: \_\_\_\_\_

### **Insurance and Referring Physician Information:**

Do you have health insurance? Yes No Insurance company: \_\_\_\_\_  
ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
Referring Physician \_\_\_\_\_ Primary Physician (If different): \_\_\_\_\_  
Are you currently receiving treatment for this problem? Yes No Physician name: \_\_\_\_\_  
Physician address: \_\_\_\_\_  
Physician phone number: \_\_\_\_\_ How were you referred to us? \_\_\_\_\_

## HEALTH HISTORY QUESTIONNAIRE

Briefly describe the problem you are here for and how it started: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Chronic \_\_\_\_\_ Acute \_\_\_\_\_ New injury \_\_\_\_\_

Similar problem on other occasions? ☐ Yes ☐ No Most recent was, when? \_\_\_\_\_

Date of injury or onset of symptoms: \_\_\_\_\_ Surgery performed /Date \_\_\_\_\_

Is today's visit due to a work related or auto accident injury? ☐ No ☐ Yes \_\_\_\_\_ Date \_\_\_\_\_

Symptoms appeared: \_\_\_\_\_ Gradually \_\_\_\_\_ Suddenly Please mark pain location on the body diagram below:

Feelings of: ☐ Pain ☐ Swelling ☐ Weakness ☐ Numbness /Tingling

If pain: ☐ Local (or radiates into) ☐ Arm ☐ Leg

Describe your pain: Aching \_\_\_\_\_ Burning \_\_\_\_\_ Dull \_\_\_\_\_ Sharp \_\_\_\_\_ Other: \_\_\_\_\_

Level of pain at best (0-10): \_\_\_\_\_ (0=no pain ; 10= extreme pain)

Level of pain at worst (0-10): \_\_\_\_\_

Current pain level (0-10): \_\_\_\_\_

Does the pain wake you at night? ☐ Yes ☐ No

If yes, can you get back to sleep? ☐ Yes ☐ No

Unexplained weight loss: ☐ Yes ☐ No

What, if anything, makes your symptoms WORSE? \_\_\_\_\_

What, if anything, DECREASES your symptoms? \_\_\_\_\_

Diagnostic TESTS/Imaging for THIS problem? ☐ MRI ☐ Ultrasound ☐ CT Scan ☐ X-Ray ☐ Bone Scan

What, if known, are the results of the above tests? \_\_\_\_\_

Have you had previous chiropractic and / or physical therapy care? ☐ No ☐ Yes

If YES, for what problem? \_\_\_\_\_

General Health : ☐ Good ☐ Fair ☐ Poor Health Problems : \_\_\_\_\_

Please list ALL past surgeries/ injuries (year ) : \_\_\_\_\_

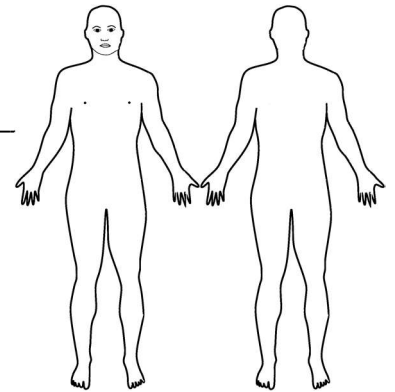
Do you have a pacemaker? ☐ No ☐ Yes

History of falls? ☐ No ☐ Yes Balance Problems ? ☐ No ☐ Yes

Please list medications currently taken : \_\_\_\_\_

\_\_\_\_\_

Your Goals : \_\_\_\_\_





## Informed Consent

Physical therapists who perform manipulation are required by law to obtain your informed consent before starting treatment. Please read the form below and provide your consent.

I do hereby give my consent to the performance of conservative noninvasive treatment to the joints and soft tissues. I understand that the procedures may consist of manipulations/adjustments involving movement of the joints and soft tissues. Physical therapy and exercises may also be used. Although spinal manipulation/adjustment is considered to be one of the safest, most effective forms of therapy for musculoskeletal problems, I am aware that there are possible risks and complications associated with these procedures as follows:

**Soreness / Bruising:** I am aware that like exercise it is common to experience muscle soreness in the first few treatments.

**Dizziness:** Temporary symptoms like dizziness and nausea can occur but are relatively rare.

**Fracture/Joint Injury:** I further understand that in isolated cases underlying physical defects, deformities or pathologies like weak bones from osteoporosis may render patient susceptible to injury. When osteoporosis, degenerative disk, or other abnormality is detected, this office will proceed with extra caution.

**Physical Therapy Burns:** Some of the therapies used in this office generate heat and may rarely cause a burn. Despite precautions, if a burn is obtained, there will be a temporary increase of pain and possible blistering. This should be reported to the doctor. Tests have been performed on me to minimize the risk of any complication from treatment and I freely assume these risks.

**Treatment Results.** I also understand that there are beneficial effects associated with these treatment procedures including decreased pain, improved mobility and function, and reduced muscle spasm. However, I appreciate there is no certainty that I will achieve these benefits. I realize that the practice of medicine, including Physical Therapy, is not an exact science and I acknowledge that no guarantee has been made to me regarding the outcome of the doctor's choosing. I have read or have had read to me the above explanation of treatment. Any questions I have regarding these procedures have been answered to my satisfaction PRIOR TO MY SIGNING THIS CONSENT FORM. I have made my decision voluntarily and freely.

I AGREE \_\_\_\_\_

Signature or Full Name of Consenting Party: \_\_\_\_\_

## Assignment of Benefits

Your signature is necessary for us to process any insurance claims and to ensure payment of services rendered. I authorize release of all medical information necessary to process my insurance, workman's compensation or personal injury claims or that is pertinent to my medical care. I assign all medical benefits to which I am entitled to the above clinic. This agreement will remain in effect until all money owed to the above-named clinic is paid in full. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ALL CHARGES. I HAVE READ THIS INFORMATION AND UNDERSTAND IT.

I AGREE \_\_\_\_\_

Signature or Full Name of Consenting Party: \_\_\_\_\_

## Contracted Insurances

Ph. 818-532-7600  
Fax 818-532-7694

Pro-X Orthopedic Spine & Sports Therapy  
Page | 3

28210 Dorothy Drive  
Agoura-Hills, CA 91301



If we are contracted by your insurance company, we must follow our contract and their requirements. If you have a co-pay, deductible, co-insurance and non-covered services you must pay that at the time of service. It is the insurance company that makes the final determination of your eligibility. If your insurance company requires a referral and / or preauthorization, you are responsible for obtaining it. Failure to obtain the referral and / or preauthorization may result in a lower payment from the insurance company. You are responsible for all charges not paid by your insurance company.

I AGREE \_\_\_\_\_ Please Initial: \_\_\_\_\_

### **Non-Contracted Insurances**

Insurance is a contract between you and your insurance company. We are not a party to this contract. We will bill your primary insurance company as a courtesy to you. Although we may estimate what your insurance company may pay, it is the insurance company that makes the final determination of your eligibility. You are responsible to pay any portion of the charges not covered by insurance. If your insurance company requires a referral and / or pre-authorization, you are responsible for obtaining it. Failure to obtain the referral and / or pre-authorization may result in a lower payment from the insurance company.

I AGREE \_\_\_\_\_ Please Initial: \_\_\_\_\_

### **Payment if you have no insurance**

Full payment is due at the time of service. Please consult the front desk and / or therapist as to the price per treatment.

I AGREE \_\_\_\_\_ Please Initial: \_\_\_\_\_

### **Financial Agreement**

I clearly understand and agree that all services rendered are charged directly to me and that I am personally responsible for payment. As a courtesy, my insurance company will be billed by the clinic. I agree in a current manner and, in accordance with the terms and conditions of Pro-X Orthopedic Spine and Sports Therapy, any balance to said professional fees over and above third party reimbursement, including deductibles, co-payments, exclusions or denials. I understand that if treatment is suspended or terminated, any fees for professional services rendered will be due and payable upon request. I understand that any payment which is delinquent (i.e. following 30 days from request), may result in a 1.5% per month assessment on the remaining balance and that I will be fully responsible for any legal / collection or attorney's fees, if it becomes necessary to resolve the outstanding balance. **A service charge of \$100 may be assessed for all no show and cancellations done less than 24 hours prior to a scheduled service.**

I AGREE \_\_\_\_\_ Signature or Full Name of Consenting Party: \_\_\_\_\_



## NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT

I understand that, under the Health Insurance Portability & Accountability Act of 1996 ("HIPAA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- \* Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- \* Obtain payment from third-party payers.
- \* Conduct normal healthcare operations such as quality assessments and physician certifications.

I have received, read and I understand your Notice of Privacy Practices containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its Notice of Privacy practices from time to time and that I may contact this organization at any time at the address below to obtain a current copy of the Notice of Private Practices. I understand that I may request in writing that you restrict how my private information is used or Disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

### Our Address:

Pro-X Orthopedic Spine & Sports Therapy  
28210 Dorothy Drive, Agoura-Hills CA 91301  
Phone – 818-532-7600  
Fax – 818-532-7694  
Email – [frontdesk@proxtherapy.com](mailto:frontdesk@proxtherapy.com)

Please review the Notice of Privacy Practices in the next page before acknowledging.

I ACKNOWLEDGE \_\_\_\_\_ Signature or Full Name of Acknowledging Party: \_\_\_\_\_

Complete information about your rights under "HIPAA" and for filing a complaint please visit [The US Department of Health & Human Services Website](#). For filing a complaint please [go here](#)



## Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

The Health Insurance Portability & Accountability Act of 1996 ("HIPPA") is a federal program that requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper, or orally, are kept properly confidential. This Act gives you, the patient, significant new rights to understand and control how your health information is used. "HIPPA" provides penalties for covered entities that misuse personal health information.

As required by "HIPPA", we have prepared this explanation of how we are required to mention the privacy of your health information and how we may use and disclose your health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment and health care operations.

- **Treatment** means providing, coordinating, or managing health care and related services by one or more health care providers. An example of this would include a physical examination.
- **Payment** means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be sending a bill for your visit to your insurance company for your payment
- **Health care operations** include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would be an internal quality assessment review.

We may also create and distribute de-identified health information by removing all references to individually identifiable information.

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions on relying on your authorization.

You have the following rights with respect to your protected health information, which you can exercise by presenting a written request to the Privacy Officer:

- The right to request restrictions on certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are however, not required to agree to requested restriction.
- The right to reasonable request to receive confidential communications of protected health information from us by alternative means or at alternative locations.
- The right to inspect and copy your protected health information.
- The right to amend your protected health information
- The right to receive an accounting of disclosures of protected health information.
- The right to obtain a paper copy of this notice from us upon request.

We are required by to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information. This notice is effective as of April 14, 2003 and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. We will post and you may request a written copy of a revised Notice Privacy Practices from this office. You have recourse if you feel that your privacy protections have been violated. You have the right to file written complaint with our office, or with the Department of Health & Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing a complaint.

For more information about HIPPA or to file a complaint:  
The U.S. Department of Health & Human Services Office of Civil Rights  
200 Independence Avenue, S. W.  
Washington, D.C. 20201  
Ph: (202) 619-0257      Toll Free: 1-877-696-6775